

# APNEA 3

TRIPLE PASSIVE MUTE

BUILD GUIDE

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## INTRODUCTION

Thank you for choosing an APNEA 3 DIY KIT - this build guide will help you in your endeavor to successfully build your triple passive performance mute - I recommend you read the build guide before starting your build. The APNEA 3 is an easy build, and very suitable for beginners in synth DIY, but you can avoid many potential pitfalls by following and familiarizing yourself with the build process before beginning.

## SAFETY

Building electronics is a fun and rewarding hobby, but just as you practice basic safety procedures while cooking, so should you practice basic safety precautions in your workshop. Below are some recommendations on measures you should take while working:

- **Your soldering iron is dangerously hot.** When not in use, be sure to put it somewhere where it will not fall or roll away, and where you are not at risk of snagging the cable and making it fall on something, or yourself, as you work.
- **Be mindful of toxic chemicals and fumes.** I recommend using lead-free solder, working in a well-ventilated area to dissipate fumes, and if you opt to use leaded solder, be sure to wash your hands after soldering, and do not eat or drink in your work area.
- **Wear adequate eye-protection.** A good pair of safety glasses will not obstruct your vision, will be comfortable to wear for extended periods of time, can be had for less than €9 and will, most importantly, protect your eyes from injury. Hot solder can spit, and trimmed leads can turn into projectiles, both of which can cause irreversible damage to your eyes. Make it a habit to wear safety glasses while working.

**You are responsible for your own safety while working** – so please don't e-mail me if you decided squinting your eyes while trimming LED leads was a sufficient alternative to a pair of safety glasses and end up in the emergency room. With proper health and safety precautions, you can look forward to practicing your hobby for years to come.

## EQUIPMENT

You will need some basic hand tools and, ideally, some proficiency with them to successfully complete this project. If you need to buy tools, or if your tools are not up to the task, I recommend buying the best quality tools you can afford - it will serve you best in the long run, and you will not have to continuously upgrade every time a cheap tool breaks or proves insufficient.

I have added some tool suggestions in parenthesis, but please note I have no commercial interest in recommending one tool over another, this is only to help other people find tools they will be happy to use for years to come. You will need:

- A temperature-controlled soldering iron
- Good quality (lead-free) solder
- Safety glasses (Bollé Silpsi)

The following tools are not strictly necessary, but will prove useful:

- Knurled nut driver (Xicon 382-0006)
- Needle-nosed pliers (Engineer PS-01)
- Low-profile side cutter (Knipex 78 71 125 ESD w/ lead catch)
- Socket wrenches (Bahco SL25)
- A decent multimeter
- Anti-static tweezers
- Solder braid and liquid flux
- Desoldering pump (Engineer SS-02)

These tools will all prove useful in countless other DIY projects – if you do not own some or any of the tools above, try reaching out to friends or even local hackerspaces, who will more than likely be happy to lend you the tools. Alternatively, you can of course also buy the tools you need, especially if you think you will build more DIY projects in the future.

## DESIGN NOTES

The Apnea 3 is a very simple, straightforward performance mute in 2hp: you get three inputs, three outputs and three buttons with which to mute or unmute a given signal. The benefit of the design lies in the switches, which have been chosen after testing countless different switches of varying quality, function, format and price: first of all, these switches have no discernible actuation noise when used, which is crucial in the context of a passive mute circuit. Second, they are customizable to a degree, as the user can choose how they prefer the operation to be: whether depressing, or releasing the switch, will mute the signal.

That's really all there is to it – it's a quick, easy build that gives you very immediate control over your patches, and can be immensely useful in performance contexts as well as when jamming or experimenting. I hope this build will prove useful to you, and that you will have fun building it.

Now, go have fun building your Apnea 3!

## BOM

Component	Designator	Quantity	Identifier
Latching switch		3	
3,5mm jack		6	

## BUILD GUIDE

Time to build – the front panel and PCB are in the bag, as well as the required switches, jacks and nuts. While I am sure you will make light work of this little device in no time, it may prove beneficial for you to follow the build guide, as it provides a bit of advice along the way.

### STEP 1: JACKS

Take the six 3,5mm jacks out of the bag, and insert them as indicated by the silkscreen on the board. If you aren't quite sure about the orientation of the jacks, it should be immediately obvious once you put them all in. Carefully flip the board over, and solder one leg of each jack in place as you apply gentle pressure to the circuit board, holding the jacks against a hard, flat surface as you do.

The outcome should be that the jacks are now installed flush with the board. Inspect your work. If some are not flush with the board, reheat the solder joint as you apply pressure, to ensure everything fits nice and flush. Do not solder the rest of the leads, yet.



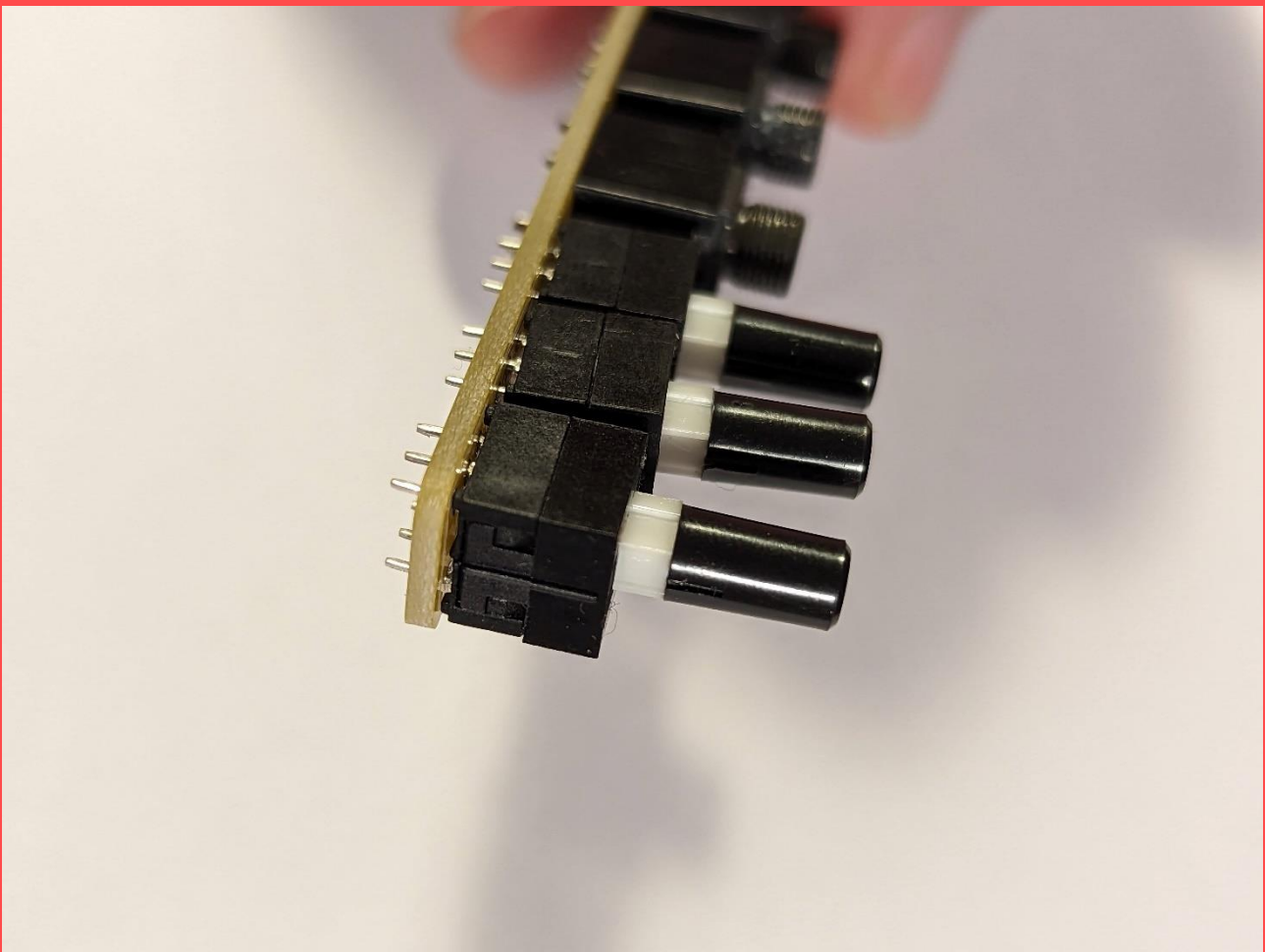
## STEP 2: SWITCHES

Here, you have a decision to make: as you take out the switches, note that one side of each switch has an elevated notch. The orientation of the notches are key to the function of the switch, so make sure you pay good attention.

If you hold the circuit board in your hand, with the jacks facing away from you and the switches nearest yourself, you can either place the switches with the notches facing *towards* you or *away* from you. If you place the notches towards yourself, depressing the latching switch will mute the signal you feed into it. Said briefly: down is mute.

Were you to install the switches the other way around, with the notches facing *away* from yourself, the opposite functionality is true: the signal is allowed to pass only when the button is depressed, or: up is mute.

Having made a decision on which type of mute you would like to have, insert the switches, depress the switches on each, and solder one leg of each switch. As before, pick the board up, check that the switches are flush and aligned, and if they aren't reheat the solder and press down the switch firmly to try again. Only proceed to solder the rest of the leads when all the switches are square and flush.

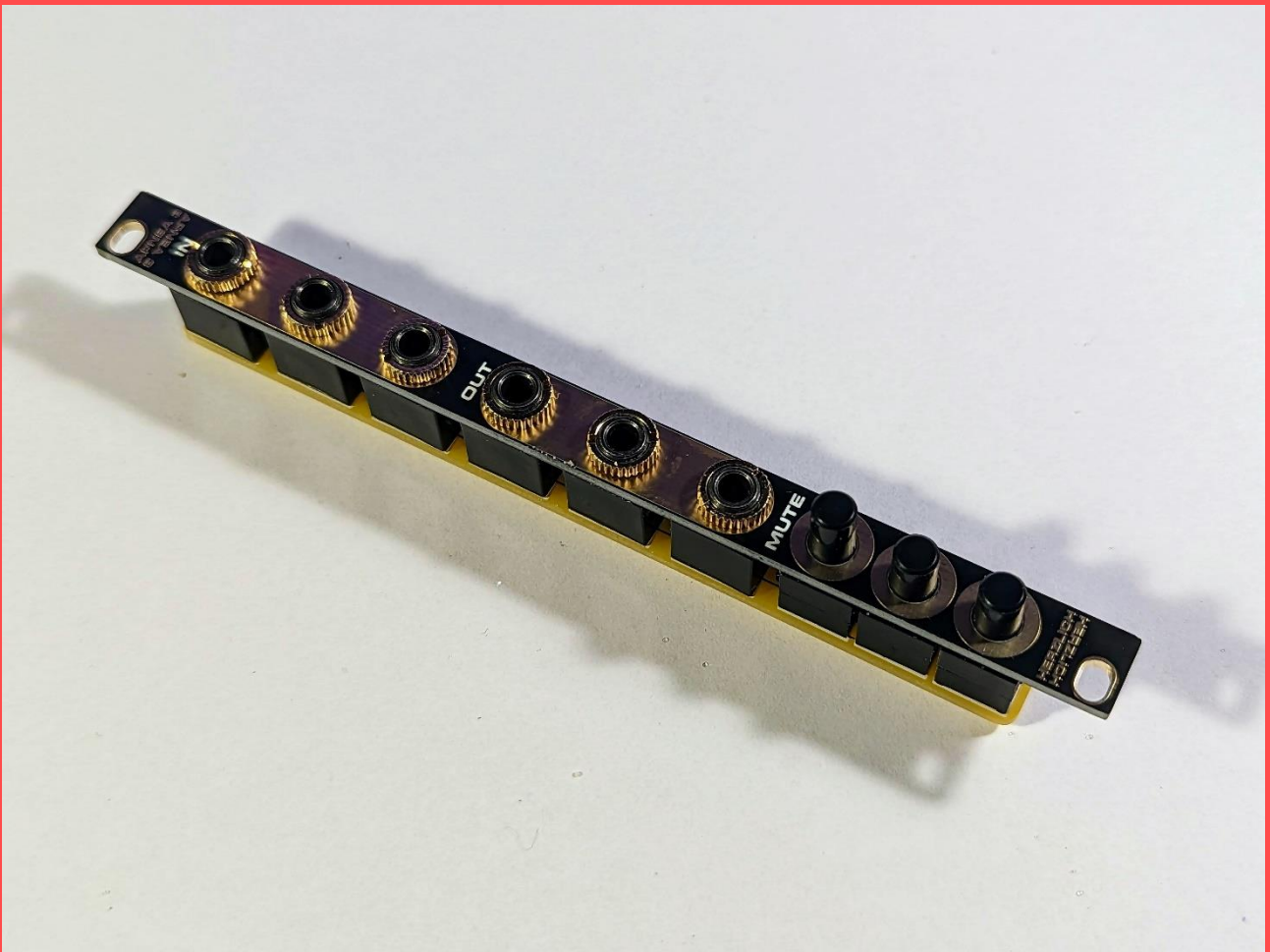


### STEP 3: PANEL AND TEST

Nearly there! Place the panel over the jacks and switches, and tighten down the nuts for each jack securely. Press the buttons on all switches to ensure that they bounce back when unlatched, without catching the rim of the panel.

All that remains to do now is to test your Apnea 3 – go ahead, plug it in and mute and unmute as much as you desire. If anything does not work as intended, reflow your solder joints and try again.

Congratulations, you have built an APNEA 3 - now, go have some fun muting and unmuting signals, audio, clock, patterns and more, and don't forget to have fun, experiment, and break the rules from time to time.





## TROUBLESHOOTING

### SUPPORT

Sometimes things go wrong - that's OK! If you have run into trouble while building your module, and you can't seem to get yourself out of trouble, you can reach out to [lb@herzlich.technology](mailto:lb@herzlich.technology) for assistance. Please send well lit, high resolution photos of your PCBs to help me investigate and identify the problem with you.

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